FOF-CONSULTANCY

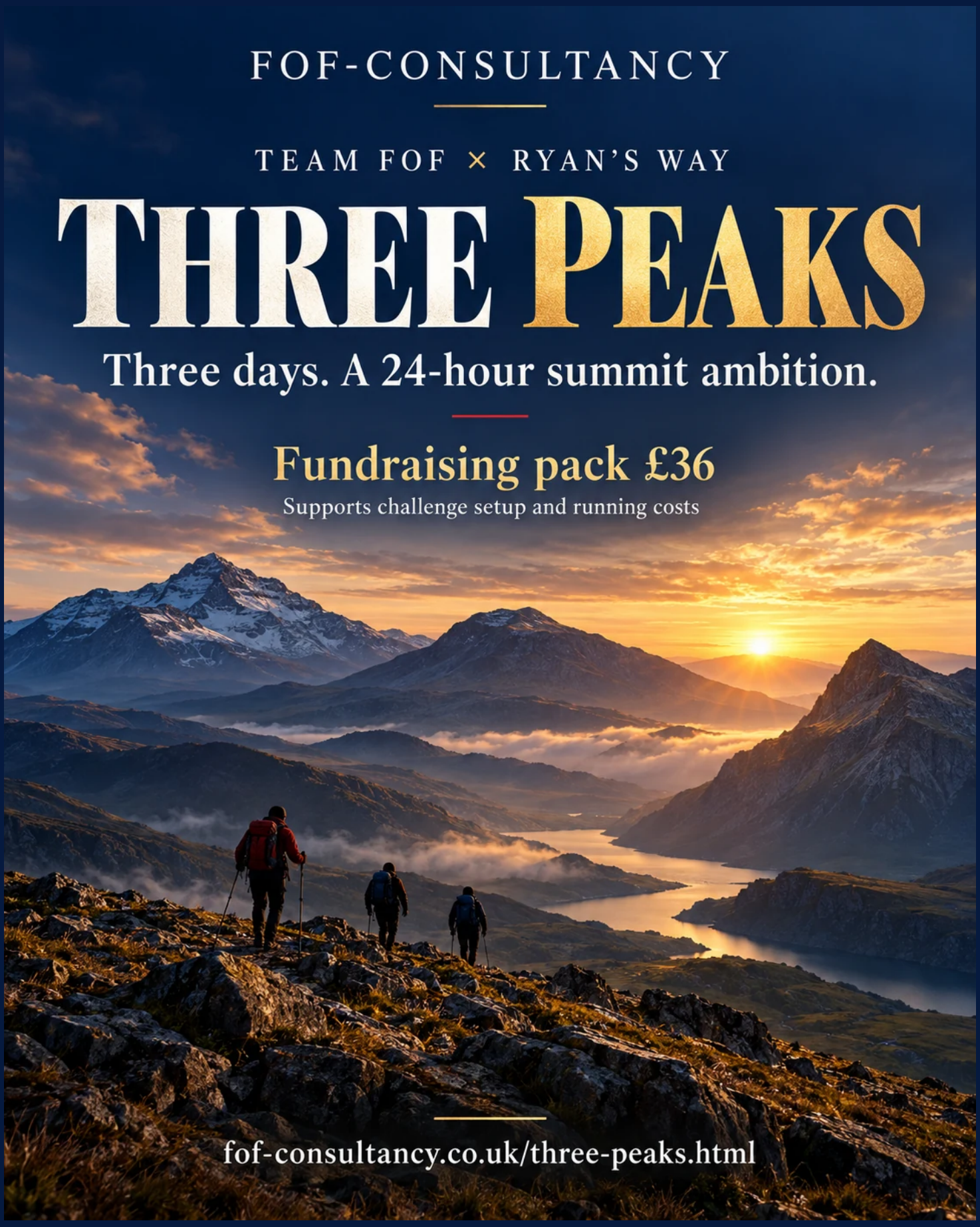
TEAM FOF × RYAN'S WAY

THREE PEAKS

Three days. A 24-hour summit ambition.

Fundraising pack £36

Supports challenge setup and running costs



fof-consultancy.co.uk/three-peaks.html

TEAM FOF × RYAN'S WAY CAMPAIGN PROSPECTUS

fof-consultancy.co.uk/three-peaks.html

Information edition · 30 October 2026

01 / THE CHALLENGE

Three mountains. One team.

Team FOF is preparing a three-day National Three Peaks expedition with Ryan’s Way. The ambition is to summit all three within one continuous 24-hour challenge window during that trip. The time is a goal, never a guaranteed result.

Ben Nevis / Scotland

The Scottish summit and a demanding Highland mountain day.

Scafell Pike / England

Rocky Lake District terrain where navigation, conditions and group pace matter.

Yr Wyddfa / Wales

The Welsh summit completing the three-peak ambition, subject to route and weather.

IN PARTNERSHIP WITH RYAN’S WAY

Ryan is a young man who has lived with multiple conditions and continues to find his own way forward. The challenge celebrates determination and individual choice. More of Ryan’s story will be shared with his agreement as the event develops.

Dates, summit order, routes, transport and participant arrangements remain in planning and will be published when confirmed.

02 / GET INVOLVED

Support the effort safely.

The challenge has room for people who climb and people who help from home. We will confirm participant roles and readiness before places are agreed.

01 **Join the team**

Express interest in walking or practical support. Training, equipment, transport, weather and group pacing will shape the final plan.

02 **Raise awareness**

Share the challenge and its planning status accurately. The 24-hour target is an ambition; a safe decision to slow or turn back is respected.

03 **Sponsor or partner**

Businesses and supporters can enquire about equipment, transport, training or awareness support. Specific arrangements are agreed with FOF.

04 **Follow the outcome**

The team will report what happened, any changes to the plan, and verified fundraising results after the attempt.

Safety sets the pace

Mountain weather, fatigue, darkness and travel can change the plan. The team will check conditions, prepare thoroughly and adapt or turn back when needed.

03 / FUNDRAISING

A clear route to support.

Enquire to make a donation

Contact FOF to ask about supporting the Three Peaks challenge. We will explain the purpose, beneficiary and current arrangements before accepting a contribution.

FUNDRAISING PACK

A digital planning guide and printable sponsor pledge form are being prepared. Email FOF to enquire about the pack and the challenge. An enquiry does not reserve a place on the climb.

SPONSOR PLEDGES

Supporters can ask about pledges. FOF will confirm the beneficiary, any allocation to Ryan's Way, target and expenses before inviting donations.

Contact FOF

Visit fof-consultancy.co.uk/three-peaks.html or email fof-consultancy@proton.me with the subject "Three Peaks donation enquiry".

Planning edition: event dates and fundraising arrangements remain to be confirmed. No 24-hour finish or donation outcome is promised.